

**MISTRZOSTWA POLSKI 2024**  
**W ŁYŻWIARSTWIE SYNCHRONICZNYCH**  
**ELBLĄG, 09-10.12.2023**

**TIME SCHEDULE**

**As of: 08.12.2023**

<b>Saturday, 09.12.2023</b>												
<b>Practices</b>												
<b>Adult - Free Skating</b>												
<b>Ice Resurfacing</b>								14:45	-	15:00		
			Warm-up		Dressing Room			Ice				
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Adult B		III	14:03	14:33	V	14:38	14:58	15:00	-	15:10	15:30
2	Team Skadi Adult		IV	14:13	14:43	I	14:48	15:08	15:10	-	15:20	15:40
3	Ice Fire Adult A		I	14:23	14:53	II	14:58	15:18	15:20	-	15:30	15:50
<b>Junior - Short Program</b>												
			Warm-up		Dressing Room			Ice				
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Junior		II	14:33	15:03	III	15:08	15:28	15:30	-	15:40	16:00
<b>Ice Resurfacing</b>								15:40	-	15:55		
<b>Mixed Age - Free Skating</b>												
			Warm-up		Dressing Room			Ice				
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Mixed Age Young		III	14:58	15:28	IV	15:33	15:53	15:55	-	16:06	16:26
2	Ice Crystals		IV	15:09	15:39	V	15:44	16:04	16:06	-	16:17	16:37
3	Team Skadi Mixed Age		I	15:20	15:50	I	15:55	16:15	16:17	-	16:28	16:48
4	Ice Dancing Flames - Blue Sky		II	15:31	16:01	II	16:06	16:26	16:28	-	16:39	16:59
<b>Ice Resurfacing</b>								16:39	-	16:54		
5	Ice Fire Mixed Age		III	15:57	16:27	III	16:32	16:52	16:54	-	17:05	17:25
<b>Junior Mł. (Advanced Novice) - Free Skating</b>												
			Warm-up		Dressing Room			Ice				
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Team Le Soleil Advanced Novice		IV	16:08	16:38	IV	16:43	17:03	17:05	-	17:15	17:35
<b>Senior - Short Program</b>												
			Warm-up		Dressing Room			Ice				
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Senior		I	16:18	16:48	I	16:53	17:13	17:15	-	17:25	17:45

**18:00** - Opening Ceremony

<b>Ice Resurfacing</b>								18:15	-	18:30	
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<b>Competition</b>											
<b>Adult - Free Program</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Adult B	III	17:33	18:03	III	18:08	18:28	18:30	-	18:37	18:57
2	Team Skadi Adult	IV	17:40	18:10	IV	18:15	18:35	18:37	-	18:44	19:04
3	Ice Fire Adult A	I	17:47	18:17	V	18:22	18:42	18:44	-	18:50	19:10
<b>Junior - Short Program</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Junior	II	17:53	18:23	I	18:28	18:48	18:50	-	18:58	19:18
<i>Ice Resurfacing</i>								18:58	-	19:13	
<b>Mixed Age - Free Skating</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Mixed Age Young	III	18:16	18:46	II	18:51	19:11	19:13	-	19:21	19:41
2	Ice Crystals	IV	18:24	18:54	III	18:59	19:19	19:21	-	19:28	19:48
3	Team Skadi Mixed Age	I	18:31	19:01	IV	19:06	19:26	19:28	-	19:35	19:55
4	Ice Dancing Flames - Blue Sky	II	18:38	19:08	V	19:13	19:33	19:35	-	19:42	20:02
5	Ice Fire Mixed Age	III	18:45	19:15	I	19:20	19:40	19:42	-	19:49	20:09
<i>Ice Resurfacing</i>								19:49	-	20:04	
<b>Junior Mł. (Advanced Novice) - Short Program</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Team Le Soleil Advanced Novice	IV	19:07	19:37	II	19:42	20:02	20:04	-	20:12	20:32
<b>Senior - Short Program</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Senior	I	19:15	19:45	III	19:50	20:10	20:12	-	20:19	20:39

**20:30** - Victory Ceremony (Junior Mł. A, Adult, Mixed Age)

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<b>Sunday, 10.12.2023</b>												
<b>Practices</b>												
<b>Junior - Free Skating</b>												
<i>Ice Resurfacing</i>							09:45	-	10:00			
			Warm-up		Dressing Room		Ice					
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Junior		I	09:03	09:33	IV	09:38	09:58	10:00	-	10:11	10:31
<b>Klasa Brązowa (Pre-Juvenile) - Free Skating</b>												
			Warm-up		Dressing Room		Ice					
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Crystals 1		II	09:14	09:44	IV	09:49	10:09	10:11	-	10:21	10:41
2	Team Le Soleil Pre-Juvenile B		III	09:24	09:54	II	09:59	10:19	10:21	-	10:31	10:51
3	Team Le Soleil Pre-Juvenile A		IV	09:34	10:04	III	10:09	10:29	10:31	-	10:41	11:01
<i>Ice Resurfacing</i>							10:41	-	10:56			
4	Ice Fire Pre-Juvenile		I	09:59	10:29	IV	10:34	10:54	10:56	-	11:06	11:26
5	Ice Crystals 2		II	10:09	10:39	V	10:44	11:04	11:06	-	11:16	11:36
<b>Basic Novice - Free Skating</b>												
			Warm-up		Dressing Room		Ice					
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Basic Novice		III	10:19	10:49	I	10:54	11:14	11:16	-	11:26	11:46
2	Team Le Soleil Basic Novice		IV	10:29	10:59	II	11:04	11:24	11:26	-	11:36	11:56
3	Team Skadi Basic Novice		I	10:39	11:09	III	11:14	11:34	11:36	-	11:46	12:06
<i>Ice Resurfacing</i>							11:46	-	12:01			
<b>Klasa Srebrna (Juvenile) - Free Skating</b>												
			Warm-up		Dressing Room		Ice					
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Crystals		II	11:04	11:34	IV	11:39	11:59	12:01	-	12:11	12:31
<b>Senior - Free Program</b>												
			Warm-up		Dressing Room		Ice					
#	Team's Name		#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Senior		I	11:14	11:44	I	11:49	12:09	12:11	-	12:23	12:43
<i>Ice Resurfacing</i>							12:23	-	12:38			

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<b>Sunday, 10.12.2023</b>											
<b>Competition</b>											
<b>Junior - Free Skating</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Junior	I	12:03	12:33	II	12:38	12:58	13:00	-	13:08	13:28
<b>Klasa Brązowa (Pre-Juvenile) - Free Skating</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Crystals 1	II	12:11	12:41	III	12:46	13:06	13:08	-	13:15	13:35
2	Team Le Soleil Pre-Juvenile B	III	12:18	12:48	IV	12:53	13:13	13:15	-	13:21	13:41
3	Team Le Soleil Pre-Juvenile A	IV	12:24	12:54	V	12:59	13:19	13:21	-	13:28	13:48
<b>Ice Resurfacing</b>								13:28	-	13:43	
4	Ice Fire Pre-Juvenile	I	12:46	13:16	I	13:21	13:41	13:43	-	13:49	14:09
5	Ice Crystals 2	II	12:52	13:22	II	13:27	13:47	13:49	-	13:56	14:16
<b>Basic Novice - Free Skating</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Basic Novice	III	12:59	13:29	III	13:34	13:54	13:56	-	14:03	14:23
2	Team Le Soleil Basic Novice	IV	13:06	13:36	IV	13:41	14:01	14:03	-	14:10	14:30
3	Team Skadi Basic Novice	I	13:13	13:43	V	13:48	14:08	14:10	-	14:16	14:36
<b>Ice Resurfacing</b>								14:16	-	14:31	
<b>Klasa Srebrna (Juvenile) - Free Skating</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Crystals	II	13:34	14:04	I	14:09	14:29	14:31	-	14:38	14:58
<b>Senior - Free Skating</b>											
		Warm-up			Dressing Room			Ice			
#	Team's Name	#	Start	End	#	Start	To Ice	on	-	off	Out
1	Ice Fire Senior	I	13:41	14:11	II	14:16	14:36	14:38	-	14:47	15:07

**15:00** - Victory Ceremony

**16:00** - Round Table Discussion