

Skaters, like anyone else, may have illnesses or conditions that require them to take particular medications. If the substances they are required to take for their treatment are on the [WADA List of Prohibited Substances](#), they should ask for a Therapeutic Use Exemption (TUE) to obtain the authorization to take the medicine. The TUE may be granted either by the ISU or by the National Anti-Doping Organization (NADO), depending on the status-level of the Skater.

Fully in line with the [World Anti-Doping Code](#) and the [WADA International Standard for Therapeutic Use Exemptions \(ISTUE\)](#), the ISU TUE policy is incorporated in the ISU Anti-Doping Rules and the ISU Anti-Doping Procedures.

TUE Application

An International-Level Skater must apply for any TUE to the ISU

The following Skaters are considered to be International-Level Skaters:

- a. Any Skater who is part of the ISU Registered Testing Pool.**
- b. Any Skater who participates in an ISU Event, according to Rule 100/3, b) and c) of the ISU General Regulations.**

ISU Events according to Rule 100/3, b) and c) of the ISU General Regulations currently are:

- ISU Championships
- ISU Grand Prix of Figure Skating Final and Series (ISU Grand Prix of Figure Skating)
- ISU Junior Grand Prix of Figure Skating Final and Series (ISU Junior Grand Prix of Figure Skating)
- ISU World Team Trophy in Figure Skating
- ISU Speed Skating World Cup Senior and Junior
- ISU Short Track Speed Skating World Cup

An International-Level Skater, any Skater included in the ISU Registered Testing Pool or who is/will compete at an ISU Event as listed above, must apply for a TUE to the ISU.

How to apply

- 1) The [ISU TUE Application](#) must be fully completed
- 2) The ISU TUE Application Form fully completed and the relevant Medical Information must be submitted to the ISU either:
 - Directly via the Skater's ADAMS account*
 - By email at antidoping@isu.ch
 - By mail at ISU, Anti-Doping Department, av. Juste-Olivier 17, 1006 Lausanne, Switzerland

* Should a Skater wish to create an ADAMS Account, a request indicating full name, date of birth, nationality, sport nationality (if different) and a mobile phone number can be sent at antidoping@isu.ch

Medical Information must include evidence confirming the diagnosis. The medical evidence should include a comprehensive medical history written in English and the results of all relevant examinations, laboratory investigations and imaging studies. Copies of the original reports as well as medical certificates and/or experts' opinion in English should also be included. Evidence should be as objective as possible in the clinical circumstances' reflection.

TUE Recognition

A National-Level Skater with a TUE already granted by its NADO who is informed of his/her inclusion in the ISU RTP or intend to compete at ISU Event must apply to the ISU for TUE Recognition.

How to apply

- 1) The Skater must submit to the ISU a request for recognition of his/her TUE including the ADAMS TUE ID number granted by the NADO and the reason of the recognition request, either
 - Directly via the Skater's ADAMS account*
 - By email at antidoping@isu.ch
 - By mail at ISU, Anti-Doping Department, av. Juste-Olivier 17, 1006 Lausanne, Switzerland
- 2) The request should be accompanied by a copy of the TUE Certificate and the original TUE application form and supporting materials (unless the TUE and supporting materials are available via ADAMS)

* Should a Skater wish to create an ADAMS Account, a request indicating full name, date of birth, nationality, sport nationality (if different) and a mobile phone number can be sent at antidoping@isu.ch

Time to apply

An application to the ISU for grant or recognition of a TUE must be made as soon as the need arises and, in any event, (save in emergency or exceptional situations) **at least 30 days** before the Skater's next ISU Event.

ISU TUE Committee

The ISU standing "TUE Committee" for considering application for the grant or recognition of TUEs consists of the members of the ISU Medical Commission and Medical experts appointed by the ISU. Three (3) members of the TUE Committee will form the panel that shall promptly evaluate and decide upon the application in accordance with the relevant provisions of the [International Standard for Therapeutic Use Exemptions](#).

Time to render a decision

The TUEC shall decide whether or not to grant the application as soon as possible, and usually (i.e., unless exceptional circumstances apply) within no more than 21 days of receipt of a complete application.

For full ISU TUE Policy, refer to the [ISU Anti-Doping Rules](#) and [ISU Anti-Doping Procedures](#)